

## CONDUCTIVE EDUCATION FACT SHEET FOR PROFESSIONALS

### 1 Conductors work closely with other professionals.

Our Conductors value the input of all professionals in order to develop appropriate teaching strategies for children. We have conductors, students and conductor assistants at Steps and many CE centres have a range of professionals and therapists working directly alongside conductors.

# 2 Conductors use adapted and supportive equipment according to the individual needs of the child.

Our Conductors will look at each individual child and find appropriate equipment to ensure their development. We will use any form of equipment to help children learn new skills. This might include special footwear, splints (AFOs and similar appliances), walking frames and other apparatus (such as ladders, K-walkers, rollators, parallel bars, sticks and so on).

### 3 CE works alongside other statutory services.

We liaise with all professionals involved with the families attending Steps. Regular review meetings are held or attended by Steps with the parents and all the professionals who share an interest in each child's development and progress.

As Conductors we have a professional body and code of practice in which we have a duty to work together with all professionals for the best interest of the child and their family.

### 4 CE works on achieving individual goals through a group setting.

Our Conductors will differentiate tasks throughout the day in order to meet each individual child's needs. Whilst all activities will be carried out in groups, each child will have different goals and individual ways of achieving them.

At Steps, our sessions are carefully planned for small groups of children and their parents. Our professional team encourages and motivates the groups through a structured programme, designed to help each child achieve individualised developmental steps.

Importantly, parents work with their children ensuring that the skills learnt at Steps can be transferred to their everyday home life. Achievable individual goals are set and updated regularly for each child.



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### 5 CE focuses on the development of the whole child.

Traditionally CE was seen as focussed on walking. However, Conductors seek opportunities for children to develop a whole host of skills and recognize that each child will need an individualised approach. This includes valuing and expanding of function such as health, mobility, communication, literacy and confidence through structured support, following an age-appropriate curriculum.

Within each group session, children work through a series of stimulating and challenging tasks addressing every aspect of a young child's development; physical, social, cognitive, communicative and emotional, focusing on the whole personality. The children are encouraged to take an active part in their learning, planning and solving problems for themselves.

#### 6 Conductors are fully trained and qualified professionals.

All of our conductors will have a minimum BA Hons degree following 3 or 4 years of study. Alongside theoretical learning, the course has a high practical component enabling conductors to gain necessary practical based experience. Currently students can study a BA Hons in Conductive Education, in the UK, through Birmingham City University.

### 7 CE can be accessed free of charge.

Many people think that CE is expensive. At Steps we pride ourselves on offering a free service to all families. Steps does not receive any statutory funding and we are solely dependent on grants, donations and fundraising in order to operate.

#### 8 CE is continually developing in a modern-day context.

Whilst CE originated in Hungary and came to the UK in the 1980's, it has not remained a static system. Conductors are constantly developing their practice in order to meet the ever-changing needs of the families. By working closely with other professionals, CE has undergone many changes which help to place it in a UK context in the twenty-first century.